



BRUSH
LIKE
Bunny

Hop into healthy smiles this Easter! Track your brushing, learn playful dental tips, and complete the missing word challenge. Return your completed tracker to Ashburton Family Dental for a chance to WIN a Tooth-Friendly Easter Hamper!

📌 Return your completed tracker to Ashburton Family Dental by end of day 19 April 2025 to enter the prize draw!
Terms & Conditions www.ashburtonfamilydental.com.au/brush-like-bunny

🌸 **Easter Dental Health Tips - Fill in the Missing Word!**

1. Hop to It! Brush Twice a Day

Just like bunnies are always on the move, your t _ _ _ _ _ h should be too! Remember to brush twice a day—once in the morning and once at night.

2. Crunch Like a Carrot, Not Just Chocolate

Bunnies love c _ _ _ _ y carrots, and your teeth will too! Crunchy veggies can help naturally clean your teeth and keep them strong.

3. Bunny Loves Water - And So Should You!

After enjoying chocolate, drink w _ _ _ _ to wash away sugar and protect your teeth. Water is always a tooth's best friend!

4. Fluffy Tails, Not Furry Teeth!

Nobody wants fuzzy teeth like a bunny's t _ _ _ ! Brush and floss daily to keep your smile clean and fresh.

5. Sweet Treats Need a Quick Brush!

After enjoying Easter eggs, don't forget to b _ _ _ _ your teeth soon after to remove sugar and keep them strong and healthy.

6. Sweet Treats in Moderation

Enjoying your Easter s _ _ _ _ treats in moderation is key to keeping your smile healthy.

7. Brush Like Bunny - The Right Way!

Make little c _ _ _ _ s, just like bunny hops, as you brush your teeth for the best clean.

8. Easter Bunny's Night Routine: Brush Before Bed

Even the Easter Bunny brushes before b _ _ . Make sure no sugar stays on your teeth overnight—sweet dreams start with a clean smile!

9. Protect Your Smile with Fluoride

What's the Easter Bunny's secret to strong teeth? F _ _ _ _ _ _ toothpaste! It protects your enamel from sugary treats.

Child's Name: _____

Parent/Guardian Contact Number: _____

🏆 Winner announced on 22 April —Good luck!

🦷 **Brushing Tracker Section**

Track Your Brushing for 7 Days!

Mark each morning and night you brush your teeth this week:

Day	Morning	Night
Monday	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	<input type="checkbox"/>	<input type="checkbox"/>
Friday	<input type="checkbox"/>	<input type="checkbox"/>
Saturday	<input type="checkbox"/>	<input type="checkbox"/>
Sunday	<input type="checkbox"/>	<input type="checkbox"/>